

# Hashpa'ah: Training Program for Jewish Spiritual Directors

***Now accepting applications for Cohort 5 – Program to begin in January 2017***

Hashpa'ah is the traditional Jewish term for the relationship with a spiritual director, or mashpia, who offers skillful and loving spiritual guidance and support in navigating the joys and challenges of life. With the guidance of a skilled mashpia it is possible to live with greater faith, courage, honesty, compassion, self-trust and God-connection.

**The ALEPH Hashpa'ah Program trains exceptional individuals to become exceptional Jewish Spiritual Directors. Is this you?**

“ I mastered both the practical processes and deep soul knowledge I needed. The HASHPA'AH Program provides this brilliantly.”

– Rabbi Jeremy Parnes,  
Canada

“ It's the best learning I've done since I was ordained.”

– Rabbi Malka Drucker,  
New Mexico

“ The sacred work of hashpa'ah has been the most rewarding part of my rabbinate... I want to thank my incredible teachers and hevra – my companions on this holy journey.”

– Rabbi Terry Raphaela  
Greenstein, Massachusetts



[www.aleph.org](http://www.aleph.org)

# Hashpa'ah: Training Program for Jewish Spiritual Directors

- Unique and innovative! An exciting blend of ancient and modern Jewish wisdom and practices.
- Stellar faculty in the lineage of Rabbi Zalman Schachter Shalomi.
- Features a three-year concentration in Jewish Studies, Spiritual Counseling and Guidance.
- Leads to Certification as Mashpia/ Jewish Spiritual Director.
- Are you Jewish clergy? You may also receive ordination (smicha) as Mashpia Ruchani.
- The Training Program is open to graduates and students of all Jewish seminaries approved by OHALAH: Association of Rabbis for Jewish Renewal
- Not clergy? Your background might make you eligible for this work. Let's discuss!

## Program Includes

- **Two Winter Intensives** (the Tuesday evening through Friday afternoon before the OHALAH conference each January),
- **Three Summer Courses** (a five-day training held during the ALEPH Ordination Program Intensive Study Week)
- **Five Semesters Supervised Practice** with individuals and groups
- **Three Core semester-length video-conference Courses**
  - Issues in Hashpa'ah. Sacred Text and Hashpa'ah. Issues of Sage-ing and Hashpa'ah
- **Additional courses offered through the ALEPH Ordination Program**, or their equivalent

*This training was designed by Rabbi Shohama Wiener and colleagues, with the guidance and blessing of Rabbi Zalman Schachter-Shalomi, the visionary founder of Jewish Renewal. The program continues to evolve under the leadership of Rabbi Nadya Gross, Director, Rabbi Shawn Zevit, Associate Director, and other training faculty.*

**For more information and to apply:**  
<https://aleph.org/ordinations/hashpaah>

